

IDAHO OFFICE OF DRUG POLICY



August 2016

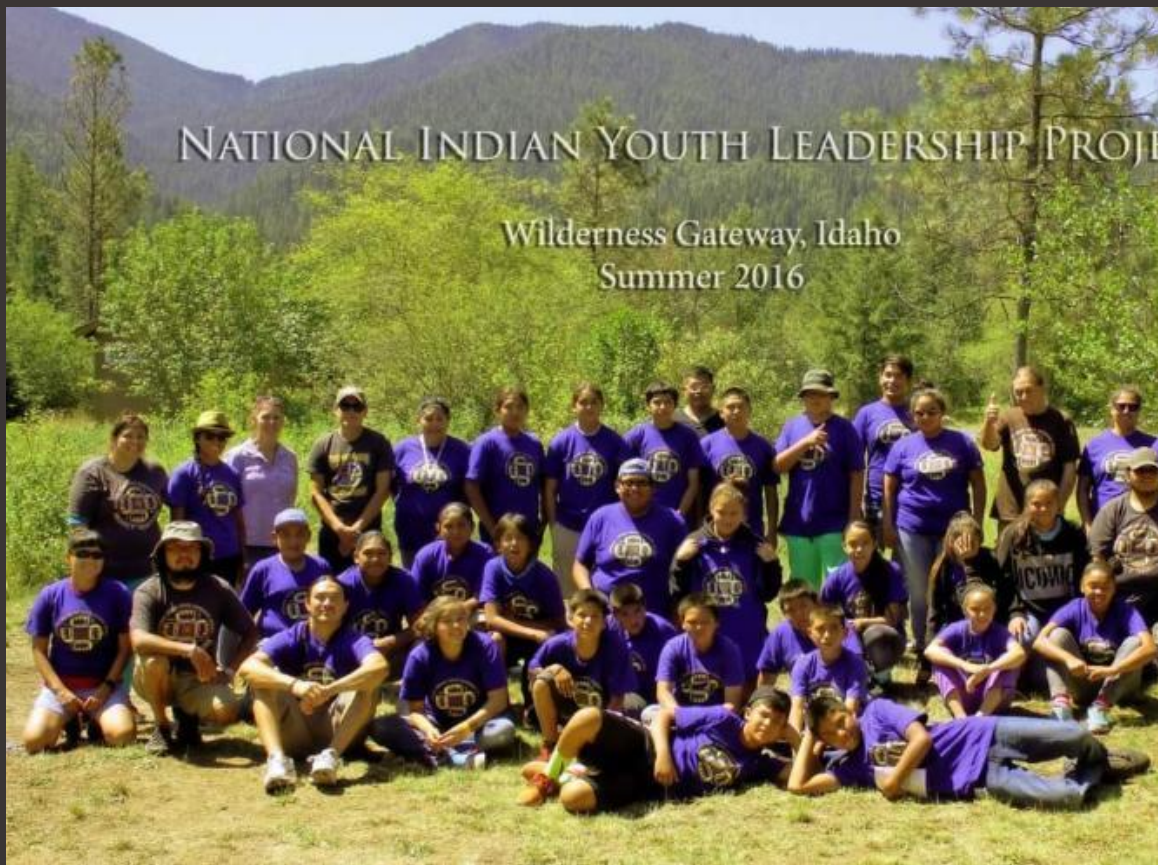


*Project Venture
Summer Checklist*

Upcoming Prevention Training

Program Spotlight: Community Coalitions of Idaho

Drug Trends: Power of Addiction



Project Venture

Contributed by Cheryl Hernandez

Twenty five Idaho youth participated in the 2016 Idaho Project Venture Camp through a partnership with Idaho Office of Drug Policy and the National Indian Youth Leadership Project (NIYLP) . For over 30 years, NIYLP has been empowering the lives of Native youth through experiential education in a positive learning environment. These youth spent an amazing six days at the Wilderness Gateway in Northern Idaho. Some of the activities provided were hiking, mountain biking, rafting, and fishing. They also learned about archery and how to build a fire using natural resources. These experiences challenged many to step out of their comfort zones, which they did. They developed many new skills including decision making, teamwork, public speaking, mentoring, and healthy eating. The Project Venture curriculum will begin to be implemented during the upcoming school year in the

communities that participated in the camp.

"This was definitely an experience I will never forget and will be grateful to be a part of it. Our youth truly are amazing, strong, and resilient individuals. I have learned a lot from them throughout the week. Many of the lessons learned tied in with our own Native based teachings." (Chaperone)

Summer Checklist

[Keep your Idaho teen alcohol-free!](#)



Studies show that summer months are the peak times for kids to use alcohol for the first time.(1) With teens and tweens home alone for long stretches, it's only normal for their natural curiosity about alcohol to kick in.

No matter the cause—boredom, peer pressure—underage drinking is hurting our children. Kids who drink can suffer both short- and long-term effects, ranging from accidental injury to unplanned sexual activity to death from alcohol poisoning or alcohol-related crashes. Those who begin drinking before age 15 are more likely to develop a dependence on alcohol than those who wait until later in life.(2)

If you think your child wouldn't drink, think again! **One out of 3 Idaho kids who drink say their parents have no idea.** It doesn't mean they're bad; it just means it's time to get more involved.

So what can you do this summer to keep your Idaho teen alcohol-free?

Download and use the checklist to make sure you cover the basics! And visit betheparents.org to learn ways you can start the conversation about alcohol use with your teen.

[Get the
Checklist!](#)

Sources

1. <http://archive.samhsa.gov/data/2k12/nsduh080/sr080initiationsubstanceuse2012.pdf>
2. <http://www.ncbi.nlm.nih.gov/books/NBK44364/#A90995>

Substance Abuse Prevention Training

[Register today for upcoming prevention training](#)

Nurturing Parenting Facilitator Workshop

Join Heather Kemp, Nurturing Parenting Trainer/Consultant for a three day facilitator workshop.

- August 10–12, 2016
- Women's & Children's Alliance Boise, ID
- See the [flyer](#) for further information about class times and reserving your spot!


Positive Action Refresher Training & Idea Sharing

Want to learn more creative ways of presenting Positive Action material? Join Program Trainers and Providers and brush up on your skills!

- Wednesday, August 24, 2016
- 10:00 AM – 3:00 PM
- Lutheran Community Services Office
- See the [flyer](#) for further information about location and reserving your spot

Meeting Ninja Warrior Training Webinar

You will be a Meeting Ninja after attending this session, led by Laura

Thomas, designed to help you "train your meeting skill muscles" for optimum performance. Yes, Ninja skills require the work of learning techniques and putting them into practice. We can't do the sit-ups for you ; we can and will show you solid techniques!

- All coalition leaders, community members & providers are welcome
- Tuesday, August 30, 2016
- 3:00 PM – 4:00 PM (MST)
- Learn about agendas, effective meeting management, minutes, Roberts Rules of Order (simplified) and other aspects of a professionally facilitated coalition.
- [Register here](#)

Life Skills Facilitator Workshop (Elementary School)

The Custer County Coalition in Challis is hosting a one day Life Skills Facilitator Workshop.

- Friday, September 30, 2016
- ODP is able to assist grantees with travel and lodging expenses associated with this training
- For more information and to reserve your space, contact Laura Hunt at custercountycoalition@gmail.com

PROGRAM SPOTLIGHT

Community Coalitions of Idaho

Contributed by Tammy Rubino

The Community Coalitions of Idaho (CCI) was formed in 2009 through partnerships with statewide community coalitions and the Idaho Office of Drug Policy. The founders aimed to provide a state coalition that would help support the efforts of other coalitions and promote



collaboration and advocacy. The Idaho Office of Drug Policy partnership allows for CCI to maintain its role in assisting coalitions while helping to amplify the support efforts at the State level.

Today CCI is composed of a board, membership base and two staff, the Executive Director, Tammy Rubino, and Advocacy/Outreach Coordinator, Molly Levkiv. The CCI board is demonstrative of all regions throughout the state, a diversity that ensures state-wide coalition representation.

CCI holds tri-annual trainings and meetings every year, and also provides scholarships for coalition members to attend. The most recent training took place in March, titled "Enforcement and Prevention: working together for our communities" where 33 prevention professionals and law enforcement officers were in attendance.

Along with annual trainings, CCI also continues to help grow the connection of youth to coalitions efforts. At this year's Idaho Drug Free Youth Summit, CCI gave two presentations to youth on the negative effects of media and youth and also had a booth at the block party.

Another main goal of CCI is coalition support. CCI has provided funding for drop boxes in coalition communities that do not have one, social media news sharing, website resources, monthly newsletters, and onsite visits for support.

Future efforts of CCI include: marijuana tool kit for coalitions, annual trainings, information and tools for effective social media data mining, coalition events support, increasing statewide usage of the Prescription Monitoring Program, and ensuring we provide a united voice for all Idaho coalitions and prevention specialists.

CCI is dedicated to continuing its work across Idaho and building on the vision its founders had back in 2009. CCI is excited to continue support for Idaho coalitions and hopes to one day see a prevention coalition in every county across the state. If you are not currently a member of CCI, now is the time to join!

Drug Trends

The Power of Addiction

Thanks to our partners at RADAR for bringing this simple but powerful video to our attention.

While it's not clear the kiwi's drug of choice – it's represented by a golden nugget – it could potentially be any addictive substance, or even caffeine, gambling or an addiction to making money.

"At first, this animated short seems rather pleasant: A kiwi encounters a golden nugget, and upon consuming it, feels a glorious sense of bliss. But as the bird continues to chase that first high, things quickly turn dark.

Nuggets is by German animator Andreas Hykade, who teaches animation at the Institute of Animation, Visual Effects and Digital Animation and at Harvard University. It's one of those wonderful examples of simple characters and design evoking something powerful."

[Video Link](#)

NUGGETS



The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.



*We envision an Idaho free from the devastating social, health,
and economic consequences of substance abuse.*



STAY IN TOUCH



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